

5 Basic Steps

1. **Double Step** - Out, Back, Down
2. **Basic** - Double Step, Rock Step (on Rock Step, you step back then step forward)
3. **Triple** - 3 Double Steps and 1 Rock Step
4. **Fancy Double** - 2 Double Steps and 2 Rock Steps
5. **Rocking Chair** - Double Step, Brush Up, Double Step, Rock Step
(on the Brush Up, you brush the floor and bring your knee up)